

WELSH HOUSE FARM COMMUNITY SCHOOL

“Inspired to grow and flourish”



PE & Sports Premium Funding 2020 Report

The PE and Sports Grant allocation for 2019-20 is based upon **177** eligible pupils. The purpose of the grant is to fund improvements to the provision of PE and Sport, for the benefit of primary-aged pupils, in the 2019-2020 academic year.

Grant offsets part of the cost incurred to provide high quality Sports and PE provision.

1	To build capacity and capability within the school that's ensures sustainability for future years. <p style="text-align: right;">Total Expenditure</p>	<u>£17,770</u>
----------	---	-----------------------

Impact

The impact of the funding will be considered in terms of:

1. Engagement of all pupils in regular physical activity
2. Profile of PE and Sport is raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Introduction

At Welsh House Farm Community School, PE and Sport is a significant part of a child's day, and the whole school demonstrates a positive approach towards PE. We are pleased to have achieved the Gold award in the School Games for two consecutive years. This fantastic achievement underlines the vision and importance we place on PE and Sport at Welsh House Farm. An extensive, detailed curriculum allows the students to experience a wide range of sports, and develop life skills to allow them the chance to flourish in competitive situations and attain knowledge of a healthy physical lifestyle. PE allows students to develop intellectually, socially, emotionally, and physically through a range of team, group and individual experiences and opportunities. Our aim is to inspire students through sport: children receive a range of sporting opportunities and experiences and ensure they attain the national required level within PE for their age group. We ensure all our students have the opportunity to represent the school in intra-school sport competitions, and compete in our inter-school sports competition. We also encourage students to participate in out-of-school sports activities, and celebrate their achievements and successes. At Welsh House Farm we pride ourselves on the positive sporting ethos which allows children the chance to grow and flourish in all areas of PE and Sport.

Engagement of all pupils in regular physical activity

One of the main targets this year was to maintain the high level of engagement in regular PE activity from all children, from Nursery to Year 6, as well as Resource Base children receiving a PE lesson every week from the PE Lead. This has shown an improvement in the children's confidence and knowledge in a wide range of sports; which has been particularly visible when the children take part in tournaments and competitions. Targeted activities have been put in place and events set up for targeted children, for the Resource Base children and the Less Active. Every September, a register is completed from all the data from the previous year to form a Less Active group for the coming year. Throughout the year, the focus group were given the opportunity to take part in extra PE slots in the week, and take part in trips organised to an OAA Adventure Centre. Unfortunately, due to current situation with COVID-19, the trip was not able to take place, however all children that were signed up will receive this opportunity again in the next school year. We have seen a massive growth in the self-confidence of the children since the introduction of the extra sessions and trips, and 80% of the children are now part of an afterschool club.

Less Active children					
Start of year			End of year		
Number of children	How many in clubs	Percentage	Number of children	How many in clubs	Percentage
22	0	0%	22	18	80%

The Resource Base has been attending the SEND Aston Villa league every three weeks. This has had a massive impact on the children's confidence when playing sport, and in general. They are doing extremely well, and just one of their achievements includes making the finals of the PARA School Games, where they remained at the top of their league until the Games were cancelled due to the current situation surrounding COVID-19. An increased number of children now access more than sixty-minutes of physical activity per day. An example of this is that an increased number of children now compete in active sport sessions every break time and lunchtime. The table below shows an increase in participation, one of the factors which contributes to this increase is that one game per week focuses on mass participation with no scoring or results recorded, and the focus is purely on enjoying the sport. There has been an increased amount in female participation in lunch time and break time sport; this is due to an increased quantity of sport on offer aimed towards females.

Year Group	Number in class	Break time Involvement	Female percentage	Male percentage	Lunchtime Involvement	Female percentage	Male percentage
2	30	18 (60%)	7 (39%)	11 (61%)	-	-	-
3	31	30 (97%)	16 (51%)	14 (49%)	28 (90%)	16 (58%)	12 (42%)
4	32	30 (94%)	12 (44%)	17 (56%)	30 (94%)	12 (44%)	17 (56%)
5	31	30 (97%)	14 (46%)	16 (52%)	29 (94%)	14 (49%)	15 (51%)
6	33	30 (91%)	20 (67%)	10 (33%)	30 (91%)	20 (67%)	10 (33%)
RB (KS2)	8	6 (75%)	1 (17%)	5 (83%)	6(75%)	1(17%)	5 (83%)

After consulting our Sport Crew and getting feedback from all pupils, we extended the variety of clubs offered in both the morning and afterschool. New clubs introduced were: morning gymnastics, dance for KS1 and KS2, American football for KS2, dodgeball and basketball. This year, within the PE activity, we have included the Daily Mile within the school day. Year 5 took the challenge of doing this for the whole school year, and choosing different ways to complete the mile. This provides the children with a more active start to their lessons and more focused approach.

Continuous progress has been made towards attaining the national standards for swimming, as seen in the table below. We changed swimming baths to a teacher training pool and are putting staff on a teacher-training courses, with the overall goal of all current Year 3 children meeting the required national standard within three years.

Year 6 meeting national curriculum requirements for swimming and water safety.	
What percentage of your current Year 6 cohort swim competently, confidently, and proficiently over a distance of at least 25 metres?	48 %
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	48 %
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	40%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Year 6 Swimming Analysis					
Total children	25 metres +	20 metres	15 Metres	10 Metres	5 Meters
31	15/31	17/31	19 /31	31/31	31/31

As you can see in the table above, 48% of the whole of Year 6 have achieved 25 metres, which is an increased amount from last year. A greater number of children improved upon the swimming badge which they achieved in Year 5 and improved their confidence.

Profile of PE and Sport is raised across the school as a tool for whole-school improvement

The profile of PE and Sport has been raised across the school in many ways; we have the Welsh House Sport Crew in place, which has 33 Crew members, an increased from 30 last year across both KS1 and KS2. The Welsh House Sports Crew was put in place to encourage pupils to take on leadership roles in KS1 and KS2. They officiate games at break time and lunchtime, and they also hold regular meetings with the PE Lead. The Crew members consult with their class members and discuss a range of ways of improving particular areas,

and ideas to improve lunch time and break times. They received training from the PE Lead, and they also attended a training day at Shenley Academy, where they were provided with many exciting ideas which they could implement in their role in school to promote and improve sport. This year we have introduced Young Sport Leads, these children have been volunteering to help in variety of KS1 clubs, helping the KS1 children.

We have expanded the Sport board in the school, and have introduced a Captain's wall; this was put in place to inspire the children to achieve the highest standards. Lower KS2 received training from Wasps RFC about tackling health and food, which was delivered over a period of eight weeks. This has increased their knowledge around healthy foods, and about how to embed a healthy lifestyle within their school day. An assembly was delivered to the whole school about healthy eating and lifestyle, to give the whole school a guide to healthy eating.

Increased confidence, knowledge, and skills of all staff in teaching PE and Sport

A PE Lead is in place in school, delivering all PE lessons from Nursery to Year 6, and including the Resource Base. The PE Lead has worked closely with teachers that are on training, to help plan and team-teach a lesson, and provide feedback on these lessons. The PE Lead works closely with every teacher and TA to increase knowledge and skills, this ranges from team-teach lessons to sharing all lessons plans and resources across a variety of sports. This year, the PE Lead has completely rewritten the PE and Swimming curriculum and lesson plans including all feedback from all staff.

Professional development and training has been made available this year to staff, including swimming courses which have been offered to particular members of staff, but due to the current situation around COVID-19, this has been delayed until the next school year. Steve Groves, a Sport Leader Specialist, has delivered two bespoke sessions to all members of staff, promoting a shared responsibility in sport, exercise and activities for a healthier future for children. Groves also provided the PE Lead with personal CPD. The PE Lead has been attended Athletics, Football, Hockey and Rugby CPD this year. During the Summer term, the PE Lead had planned to hold open training session on every sport for all staff; to go through PE lesson planning and subject knowledge, this will now be arranged for the Autumn term.

The PE Lead providing staff development and receiving feedback, has enabled the school to develop a PE curriculum bespoke to the needs of the children. The majority of the children are now working at the expected standard with a significant percentage exceeding the expected level. Alongside the overall improvement in the school's performances in inter-school competitions, this indicates a significant improvement in the teaching and organisation of the PE curriculum. A large percentage of children in Year 6 are exceeding this level, and this is reflected in the proportion of the children representing the school in various competitions. The table below illustrates the level of attainment for each child at the end of the academic year.

Year	Number in class	Emerging	Expecting	Exceeding
REC	30	2 (6.6%)	19 (64%)	9 (30%)
1	31	1 (3%)	24 (75%)	6 (20%)
2	30		19 (64%)	11 (37%)
3	31		25 (81%)	6 (20%)
4	32		24 (75%)	8 (25%)
5	31		24 (77%)	7 (23%)
6	33		17 (52%)	16 (49%)
RB (KS2)	8	2 (25%)	6 (75%)	-

Broader experience of a range of sports and activities offered to all pupils

The range of sports and activities available to all pupils has increased, as you can see from the table below. The experiences are from a range of different sports to ensure the children of all ages received wide-ranging opportunities. The experiences which have been made available range from whole school activities to year group specific. Each year the PE lead attempts for each year group to have a sporting experience and this is something which the funding has allowed the school to bring in place.

Sport	Company	Experiences	Year group
Athletics	Sport for school – Kristian Thomas	An Olympic athlete visited the school and delivered a lesson and assembly.	Whole school
Cricket	Warwickshire Cricket	Warwickshire delivered an assembly and a lesson to selected year groups.	Whole school
Cheerleading	Fireworks cheerleading	Fireworks Cheer Squad delivered a lesson to Year 6 along with a Q&A session	6
Dance	Mezzo Dance Company	Mezzo Dance delivered a lesson to selected year groups.	4,5,6
Dance	Eloquent Dance	Eloquent Dance delivered a lesson to every year group.	Whole school
Dance	Ace Dance	ACE Dance delivered a 6-week lesson programme and performance for parents.	6
Football	West Bromwich Albion	West Bromwich Albion delivered an after-school football lesson.	4,5,6
Football	Birmingham City ladies	Birmingham City Ladies delivered an after-school football lesson for the girl's football team.	4,5,6
Football	AVFC Football	Aston Villa came in and delivered a lesson to the Resource base.	RB
Girls Football	Kerys Harrop- BCFC Player	Kerys Harrop delivered an assembly and a Q&A session with the girl's football team.	Whole school
Girls Football	Harborne District Football	The Harborne district coach delivered a session to the girl's football team.	3,4,5,6
Gymnastics	Postive PE	Postive PE delivered a gymnastics lesson to selected year groups.	1,2,3,4

Gymnastics	Catherin Curran – Postive PE	Catherine delivered a morning gymnastics lesson for 6 weeks for selected children	Whole School
Gymnastics	Revolution	Revolution delivered a gymnastics lesson for year 3.	3
Gymnastics	Mezzo	Mezzo delivered a gymnastics lesson for selected year groups.	3,4,5
Netball	England Netball	England netball delivered an afterschool lesson for the netball team.	3,4,5,6
Netball	Birmingham City Netball	Birmingham City Netball delivered an afterschool lesson for the netball team.	3,4,5,6
Rugby	Wasps Rugby	Wasps delivered a healthy eating programme to year 3 and 4 over an 8-week period.	3,4
Rock Climbing	Ackers	Less active group were scheduled to go before COVID-19 , trip is to be rearranged.	Less active group
Tigball	Tig Ball lesson	Tigball delivered an assembly and lessons for whole school.	Whole school

This year, there has been an introduction of new sports within the PE curriculum, and a greater range of year groups have started to play NFL flag football which has increased from one year group to five year groups now playing. Yoga has been an addition for all year groups, and fencing has been added for KS2 year groups. This is to maintain a curriculum which engages all children of all year groups.

The children have had the chance to experience a greater range of activities, we have collaborated with other schools to compete in the Harborne Basketball league and before the current COVID-19 measures were put in place, we were set to become the base for the Harborne District Netball league. A broader range of morning and after-school clubs have been delivered by the PE Lead, staff and outside organisations throughout the terms. The introduction of the new clubs this year started in the Autumn term; dance and gymnastics for both Key stages and basketball for KS2. In the Spring term, a morning gymnastics session was delivered by Postive PE for both key stages, a dodgeball and NFL flag football club were a new addition for KS2 this year along with non-stop cricket for KS1. We had planned the addition for tennis for both key stages in the Summer term.

As you can see from the tables below, a broader range of clubs has meant has increased the popularity of the clubs, all of the clubs last year was at full capacity and had a waiting list.

Autumn clubs	
Club -	Number of Children –
KS2 Girls and Boys Football	35
KS2 Dance	28
KS2 Gymnastics	30
KS2 Netball	26
KS2 Basketball	19
KS1 change for life	30

The clubs which were introduced were decided from feedback from the Sports Crew to the PE Lead, this shows that the students had a voice in the PE activities in the school. The after-school clubs constantly change and develop to give the students the widest range of sports opportunities, meaning that there is a club which suits every child.

Spring clubs	
Club -	Number of Children -
KS2 Girls and boys football	35
KS2 Netball	26
KS2 Change for life	33
KS2 Flag Football	25
KS1 and KS2 Morning Gymnastics	19
KS1 Non stop cricket	13
KS1 Dance	31
KS2 Gymnastics	30

Increased participation in competitive sport

There has been an increase in the amount of children involved within the School Games and SEND school games. From the ten School Games available to compete in in 18/19, there was an increase to 13 School Games in 19/20, and there was an increase of children that competed from **118** to **131**. This can also be seen in the table below:

	School games	Number of children		SEND school games	Number of children
18/19	8	98		2	20
19/20	8	109		2	22
Increase -		+ 11			+ 2
Overall -					+ 13

The increase has come from more children having an increased confidence in playing sport, and having an increased knowledge across a greater amount of sports. Unfortunately, due to COVID-19, the school could not compete in any other School Games past the start of March. Below you can see the breakdown of the SEND and School Games competitions:

SEND sport competitions

Sport	Year group	Date	WHFCS teams	Number of children	Place
KS2 PARA Football	4,5,6,	11.1.19	1	12	2 nd
Sports hall Athletics	4,5,6	12.1.20	1	10	3 rd

The table above shows an increase in participation in competitive sports, and an improvement in the level of achievement due to this increase. We believe that at Welsh House Farm, we are creating a positive sporting ethos throughout KS1 and KS2. Within this ethos, we believe that all children should have the opportunity to represent the school in a league match or a School Games activity every year.

School games competitions

Sport	Year group	Date	WHFCS teams	Number of children	Place
Mutli Sports Festival Boys and Girls combined	3,4	3.10.19	2	12	-
Quicksticks Hockey Boys and Girls combined	5,6	16.10.19	2	12	1 st
Gymnastics Boys and Girls combined	3,4	07.11.19	1	8	4 th
Multi Skills Competition Boys & Girls Combined	1,2	21.11.19	2	12	-
Basketball Boys and Girls combined	5,6	06.12.19	2	14	3 rd
Sportshall Athletics Boys & Girls combined	5,6	15.1.20	1	24	2 nd
Dance Boys & Girls combined	5,6	26.2.20	1	15	3 rd
Dodgeball Boys & Girls combined	3,4	27.2.20	2	12	-

Within this school year, there is a clear increase within the amount of competitions which the school has been involved in, both organising and entering. The school has been involved within a seven-aside netball league, a girl's football league, boys football league and a SEND league, this can be seen in the table below:

Sport	Year	League	Number of matches	Number of children competed
Netball- 7aside	5,6	Kings Norton League	5	17
Girls football league and cups	3,4,5,6	Harborne District	3	26
Boys Football league and cups	3,4,5,6	Harborne District	8	25
Basketball	5,6	Harborne District	6	8
SEND Football and cups	4,5,6	Aston Villa League	70- 7 match days	22

We increased our participation within competitive football competitions this year by entering the West Bromwich Albion football Year 3 and 4 cup, the HMS Birmingham Boys Vase trophy, and the Year 6 Aston Villa girls cup. The school became involved within the Harborne District Basketball league and DDMIX dance competition. This year an increased number of girls are now part of the Harborne Girls District team from previous years.

In conclusion, this year, the school's commitment to PE and Sport through sports provision has enabled the children to develop their enjoyment of PE, and improve their self-confidence across a range of sports. This has played an important part in improving the health and wellbeing of all children at the school. The funding has allowed an extensive PE and Sport programme to be put in place at the school to engage all pupils. The profile of PE and Sport across the whole school has been raised, this is due to the increased confidence of staff teaching PE, and accessing a wide array of CPD to improve knowledge and skills. A wide-ranging range of sports and activities have been put in place for students to access in school and outside of school, which has increased the participation rates in competitive sport. The funding has allowed the school to further build and grow the sporting ethos and inspire them to grow and flourish within all areas of PE and Sport.